

siam  
Organic spa

| 100% NATURAL TREATMENTS |



Siam Botanicals skincare products are used exclusively in our treatments. All products are 100% natural & free of chemicals & preservatives



Siam Botanicals' skincare range is completely free from chemicals, fillers & artificial colours and fragrances. How can you tell? Because you don't need a degree in chemistry to understand our list of ingredients. Take a look, it's freely available there is nothing to hide: you'll see natural cold pressed oils & herb, flower & fruit extracts... & absolutely nothing else. No parabens, no sulphates, no polysorbates, no ethanolamine. Everything we put into the products is there because it offers a specific benefit to your skin or to your general wellbeing.

### MAKING A SELECTION

Our staff are on hand to help you choose the treatment using the Siam Botanicals products that best suit your needs and preferences.

### SPECIAL REQUESTS

You may request a specific therapist & we will try to accommodate your preference.

### WHAT TO WEAR

Maintaining your comfort is important to us. You will be discreetly draped at all times + disposable underwear, robes & slippers are provided.

### ETIQUETTE

We try and promote a feeling of calm & relaxation, please respect the privacy of other guests & turn off or silence mobile telephones/tablets.

### BOOKING

We recommend advance reservation to secure your preferred date & time.

## | NATURAL BEAUTY & WELLNESS SALON |

### **4 STEP ORGANIC FACIAL** - Cleanse , exfoliate, mask & moisturize

Choose from 3 different face serums to suit your skin type

- Baht 800

### **HAIR & SCALP TREATMENT**- Nourishing & moisturizing, naturally

Choose from:

Argan [Moroccan] Oil & Lemon Balm

- Baht 600

Coconut & Curry Leaf

- Baht 600

### **HAND MASSAGE** - Natural oils & botanicals to rejuvenate & refresh

Choose from 4 skin conditioning blends

- Baht 500

### **BACK, NECK & SHOULDER MASSAGE**

Using Siam Roots 100% Natural body oil

- Baht 600

### **FOOT MASSAGE**

Using cool & refreshing Artisan oil

- Baht 500

### **MANICURE** - With OPI polish [free of toluene, DBP & formaldehyde]

Choose from range of colours

- Baht 500

### **PEDICURE** - With OPI polish [free of toluene, DBP & formaldehyde]

Choose from range of colours

- Baht 500

## | FACIAL COLLECTION |

### **REPAIR FACIAL - Rejuvenating**

Siam Botanicals signature organic facial is rejuvenating & lifting.

The treatment cleanses, exfoliates, detoxifies & nourishes.

The treatment finishes with a facial massage using Siam Botanicals rejuvenating Repair Serum, a remarkable blend of the three organic “Miracle Oils” Moringa, Argan & Tamanu.

**High in antioxidants and Vitamins C and E.**

*100% Natural Products: Rose Hip & Tea Tree Cleanser, Detoxifying Honey & Rose Water Face Polish, Lavender Toning Mist, Rudis Oleum Repair Serum*

**TREATMENT TIME: 60 minutes - Baht 1,700**

### **REPLENISH FACIAL - Revitalising**

A deeply cleansing & gentle facial treatment using the remarkable anti-microbial & skin healing properties of coconut sugar & pure honey. The treatment finishes with a deep firming facial massage using Siam Botanicals anti aging Replenish Serum containing Argan & Moringa Oils

**Moringa Oil contains 7 times the Vitamin C found in oranges**

**Argan Oil is the Liquid Gold of age defying skin care.**

*100% Natural Products: Rose Hip & Tea Tree Cleanser, Moisturizing Organic Coconut Sugar & Honey Face Polish, Rose Water Toning Mist, Replenish Face Serum*

**TREATMENT TIME: 60 minutes - Baht 1,500**

### **MUNG BEAN FACIAL POLISH - Protein Boost**

A firming & moisturizing facial treatment using crushed Mung bean powder, yoghurt & Aloe Vera to exfoliate, soothe & cleanse. The treatment finishes with the application of Siam Botanicals Natural Balance Face Serum to leave your skin revitalized & glowing.

*100% Natural Products Used: Rose Hip & Tea Tree Cleanser, Mung Bean & Aloe Scrub, , Rose Water Toning Mist, Natural Balance Face Serum*

**TREATMENT TIME: 60 minutes - Baht 1,400**

### **AFTER SUN TREATMENT - with Lavender & Aloe Vera**

Use the power of nature to soothe & heal sunburned skin. A lavender infused ice compress is followed by a gentle application of 100% Pure Aloe Vera to affected areas.

**TREATMENT TIME: 30 minutes - Baht 990**

### **BODY POLISH**

This all natural full body treatment hydrates & exfoliates, removing dry cells & polishing skin for a clean & glowing finish.

Choose from:

**Lavender & Jojoba**

**Peppermint & Honey**

**TREATMENT TIME: 60 minutes - Baht 1,500**

### **BODY WRAP**

We wrap your entire body in freshly prepared herbs, plants & minerals whose nature given properties will leave your skin nourished & feeling soft, silky & smooth.

All our wraps are prepared in house from fresh natural products.

Choose from:

**Siam White Clay**

**Yogurt, Banana & Honey**

**TREATMENT TIME: 60 minutes - Baht 1,250**

### **RELAXING SPA BATH**

Rejuvenate, refresh + relax mind, body & soul with a soothing bath

Choose from 4 signature salt, essential oil & herb blends:

**Lavender & Teatree**

**Rosemary & Peppermint**

**Lemongrass & Orange**

**Juniper & Grapefruit**

**TREATMENT TIME: 30 minutes - Baht 600**

## | MASSAGE COLLECTION |

### **CLASSIC THAI MASSAGE**

A centuries old massage technique which combines elements of yoga, shiatsu & acupressure

**TREATMENT TIME: 60 minutes - Baht 850**

**TREATMENT TIME: 90 minutes - Baht 1250**

### **CLASSIC THAI MASSAGE & HERBAL COMPRESS**

Classic Thai massage combined with a Siam Herbal Compress.

**Lemongrass & Kaffir Lime  
Aromatic Ginger & Tamarind**

**TREATMENT TIME: 90 minutes - Baht 1450**

### **SWEDISH MASSAGE**

Deep tissue therapeutic oil massage, promotes muscle recovery, improved blood flow and alleviates fatigue.

Choose from our range of Artisan Body Oils.

**TREATMENT TIME: 60 minutes - Baht 1300**

### **FOOT SPA & MASSAGE**

A holistic therapy which uses pressure techniques on the feet to promote good health, relax the entire body & ease tension.

**TREATMENT TIME: 60 minutes - Baht 750**

### **INDIAN HEAD MASSAGE**

A relaxing and rejuvenating hot oil head massage with Siam Botanicals Oriental Body Oil. This ancient treatment promotes well being & increases circulation.

**TREATMENT TIME: 60 minutes - Baht 1300**

## **AROMATHERAPY MASSAGE**

A gentle & restorative massage using a therapeutic blend of 100% natural pure oils by Siam Botanicals.

### **ARTISAN**

A soft smooth & skin nourishing blend of native Thai oils, Rice Bran , Coconut & Sesame

Choose from 3 signature blends:

**Siam Roots: Lemongrass & Plai**

**After Sun: Peppermint & Ecalyptus**

**Oriental: Jasmine & Ylang Ylang**

**TREATMENT TIME: 60 minutes - Baht 1200**

### **DEEP MOISTURE**

A nutrient rich blend of raw oils with 30% Jojoba Oil content. This oil blend is light textured & smooth. A relaxing, restorative massage is combined with a deep penetrating body treatment leaving skin soft, hydrated and silky.

Choose from 5 signature blends:

**Meditation: Bergamot & Rosemary**

**Relax: Lavender & Tea Tree**

**Refresh: Lemongrass & Orange**

**Rejuvenate: Rosemary & Clove**

**Revive: Peppermint & Lavender**

**TREATMENT TIME: 60 minutes - Baht 1450**

### **DEEP THERAPY**

Deep Therapy blends include Moringa, Tamanu and Argan Oil, whose naturally active properties have long been recognized by indigenous peoples for their restorative powers.

Choose your oil:

**Detox Blend - to rid toxins from tired, stressed & polluted skin**

**Skin Therapy Blend - to repair damaged & irritated skin.**

**TREATMENT TIME: 60 minutes - Baht 1550**



## | ESSENTIAL COLLECTION |

### ESSENTIAL MANICURE

Relax with a Rose Water & Lavender hand soak, hand & arm massage,+ organic nail treatment using fresh Thai herbs, followed by nail & cuticle care

Choose from range of OPI polishes

**TREATMENT TIME: 60 minutes - Baht 700**

### ESSENTIAL PEDICURE

Relax with a detoxifying salt soak & foot massage & organic nail treatment using fresh Thai herbs, followed by nail & cuticle care

Choose from range of OPI polishes

**TREATMENT TIME: 60 minutes - Baht 700**

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~ SIGNATURE SPA PACKAGE ~

Spend a few hours with us: combine any 3 treatments from our:

|BODY COLLECTION|

|MASSAGE COLLECTION|

|FACIAL COLLECTION|

|ESSENTIAL COLLECTION|

& benefit from 15% discount + a complimentary relaxing spa bath

### **CHECK LABELS CAREFULLY**

Personal care products are subject to much less control than food products. Many chemical and synthetic additives used in cosmetics are banned from use in food products.

### **Synthetic substances to AVOID**

**Parabens** - A group of non-food grade preservatives, commonly found in lotions, shampoos , soaps and scrubs.

**SLS** – Sodium Lauryl Sulfate & other sulfate based detergents

**Petrochemicals** – Including isopropyl alcohol, butyl alcohol and ethanol

**Propyl Glycol & Polyethylene Glycol** – ingredients formulated with PEGs and PGs

**Synthetic Dyes**- anything with F & DC preceding it

**Chemical Fragrance** – usually listed as Fragrance or Scent

Check out watchdog site: [www.ewg.org/skindeep](http://www.ewg.org/skindeep) for more information

## **|DIFFERENCES: CERTIFIED ORGANIC & 100% NATURAL |**

### **CERTIFIED ORGANIC**

Products registered by organizations like **ECOCERT & USDA Organic** are regulated for their % of organically grown ingredients.

These products do **NOT** need to be 100% Natural and are allowed up to 5% synthetic content , which can include ingredients from the above list.

**100% NATURAL** [all skin care products used at Siam Organic Spa]

To state this on its label a product must have **0%** synthetic content and **100%** naturally derived ingredients.



| 100% NATURAL SPA TREATMENTS |



**100% NATURAL** NO: polysorbates **100%** natural cold  
**100% ethical** NO: sulphates EDTA pressed oils **SIMPLY**  
**NO: synthetics SLS** based agents PARABENS **PURE, THE BEST THAT**  
ETHANOLAMIDES ONLY 100% nature HAS TO OFFER

[www.pierfortytwo.com/spa](http://www.pierfortytwo.com/spa)